

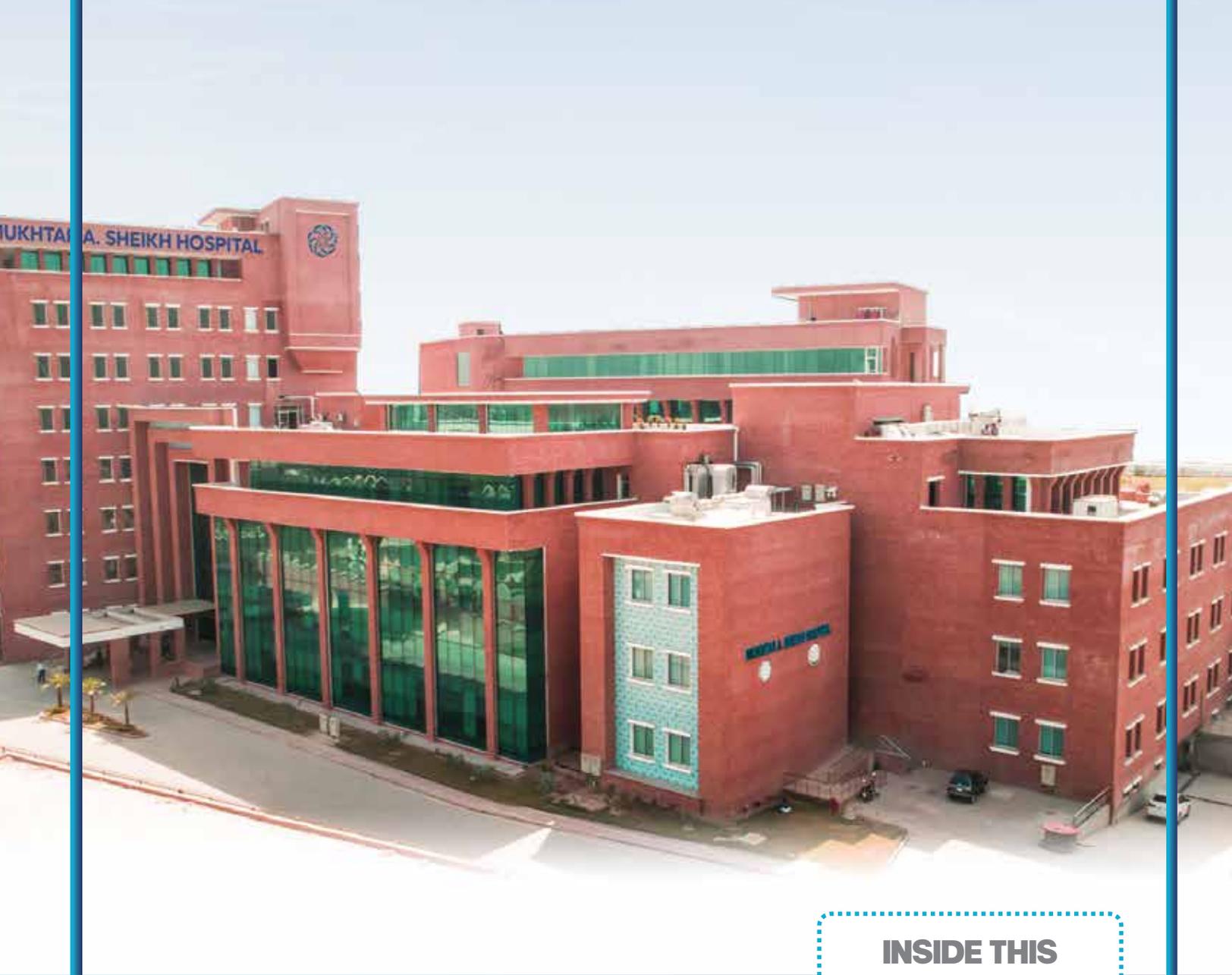


Mukhtar A. Sheikh Hospital  
مختار اے شیخ ہسپتال

# Aarzu آرزو

A Prayer. A Vision. A Promise

The MASH Newsletter  
Vol: 01



## 1 Year Journey

A journey full of compassion and commitment to deliver high quality healthcare to all.

### INSIDE THIS

- Message from Chairman
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- Year of Mind and Brain
- Clinical Expertise

## MESSAGES

### CHAIRMAN'S MESSAGE



With a team of highly experienced professionals and a technologically advanced facility, we are set on the path of achieving what was envisioned by my late father, Mukhtar A. Sheikh. The vision was to be globally respected for delivering quality, cost-conscious and ethical care in the South Punjab region and to empower individuals to achieve their full potential by making quality healthcare and education available to them.

In June 2020, we completed our first year of providing high quality international standard healthcare to the people of South Punjab. The first year has been all about establishing the core of the organization by building the right team that is able to bring the change envisioned. The whole organizational structure was reorganized to create an environment of empowerment and transparency that allows the employees to increase their efficiency. Highly talented and experienced individuals from all over Pakistan and abroad have been made part of MASH. Their goals and interests are aligned with the organization's mission of bringing innovation in the healthcare sector of the region.

We also acknowledge our social responsibility and thrive to be at service for our people. hence, MASH is a not-for-profit institution; where funds are geared towards fulfilling the hospital's aim and objectives. MASH provides quality healthcare for all, without discrimination of any sort. Since its inception in mid-2019, MASH has served over 40,000 patients in the outpatient setting and over 1,500 patients in the inpatients setting.

It is important to highlight that the efforts of our staff members during the recent pandemic have been commendable. They showed not only courage and diligence but also compassion while fulfilling their roles and responsibilities. The lockdown caused numerous hardships for people but we made sure that we remained open to serve our patients in a safe environment. We have been working around the clock to provide the care that individuals require in a COVID safe environment through stringent preventive measures.

We value equality and fairness in the treatment of all individuals and aim to make a difference in their lives by making quality healthcare accessible to all patients. We are committed to becoming the leading innovators in the healthcare industry of Pakistan.

**Mian Faisal Ahmed Mukhtar**  
Chairman

### CEO'S MESSAGE



I am pleased to say that Mukhtar A. Sheikh Hospital is humming with energy as we all work tirelessly to provide affordable healthcare, especially during COVID-19. All clinicians, nurses, administrators and staff members make it a priority to bring innovation and change in the healthcare sector through modern and novel solutions. To accomplish this we work as a united team with a singular focus, despite our diverse backgrounds, we are all united in achieving the goals of Mukhtar A. Sheikh hospital.

I am very proud of the fact that MASH has established an organizational culture that is driven and sustained by well qualified and ethical citizens, enabling us to stand amongst the biggest institutes. Our team is committed to bringing change by inculcating integrity, respect, inclusiveness and compassion into the very foundations of our hospital. The way forward is to enhance the employee experience which results in a better environment for patient facilitation.

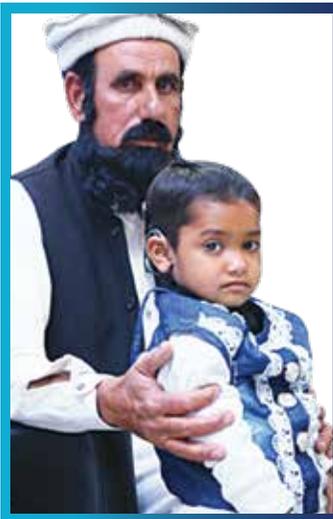
We value equality and fairness in the treatment of all individuals regardless of their backgrounds. At MASH, "You" matter, not your social standing or backgrounds. By establishing our presence with bold initiatives and progressive thinking, we will continue to challenge the status quo and make international standard healthcare accessible to all.

It has been an exciting but an especially tough year but our hard work has stemmed achievements that have made us proud. MASH is steadily becoming a respected brand and we have now set ourselves on a path of international standards in healthcare with a firm focus on **quality and ethics**.

I am proud and inspired by the way MASH has risen to all the challenges of the last year, especially this pandemic - with flexibility, resilience, courage – and most importantly: a caring heart. I am grateful to each and every member of our hospital for their enthusiasm and professionalism, as we strive for even higher standards of quality and compassion.

**Mr. Irfan Khan**  
Chief Executive Officer

## Uzma



For the first time in South Punjab, Cochlear Implant surgery was performed by Mukhtar A. Sheikh Hospital. The surgery was performed on Uzma, a 4-year-old girl, who has been unable to hear or speak since birth. For Uzma, the new year gift materialized in the shape of this surgery, as the hospital supported all the expenses.

Muhammad Aslam is a labourer in the city of Dera Ghazi Khan and Uzma is his sole heir. M. Aslam and his family were overjoyed at the birth of his daughter, but soon, happiness

was transformed into despair when they realized that Uzma is unable to hear or speak by birth. For the treatment of his daughter, M. Aslam left no stone unturned. He went from hospital to hospital, finding a cure for Uzma. He even approached the specialists in Lahore for his daughter's treatment, but the nances remained a persistent constraint for him and his family.

A minimal number of cochlear implant surgeries are performed in Pakistan and almost none in South Punjab, as the procedure tends to be highly technical and expensive. For the effectiveness of results, it is imperative to undergo Cochlear Implant Surgery before the age of 5 years. With the time quickly elapsing, M. Aslam decided to sell his house, his sole property for his daughter's treatment. It was at this moment when he was referred to Mukhtar A. Sheikh Hospital by a relative.

When he approached the doctors here, he was delighted to hear that Uzma could get the surgery that she required to lead a normal and healthy life, and that too without the financial burden, as the whole expenses of the operation along with their stay at the hospital would be supported by the hospital.

On the new year, Uzma's cochlear implant surgery was performed by our expert ENT surgeon with an experienced team of specialists, audiologists and nurses. On 30th January 2020, a Cochlear Implant Activation Ceremony was conducted in the hospital, where Uzma's cochlear implant was activated by Mian Faisal Ahmed Mukhtar (Chairman). Azan was recited in her ears and she was able to hear for the first time in her life. Her parents were elated by the success of the surgery and expressed their heartfelt gratitude towards Mukhtar A. Sheikh Hospital for facilitating their child to lead a quality life.

MASH also offers post-operation care, such as therapy services and speech therapy. After cochlear implant surgery, a child learns to speak and hear like a newborn baby, going through the all steps of learning and adapting that a baby would, despite their age. After 6 months of surgery, Uzma has started to hear and speak as a 6-month old baby. She can recognize the words and sound them out. Dr Maqbool Ahmad (ENT Surgeon) is confident that with proper rehabilitation

and support, Uzma would be able to hear and speak properly like kids of her age with time.

With a brilliant team of expert doctors, surgeons, nurses and hospital staff, MASH has provided proper care and rehabilitation to innumerable patients from all across the country, including Swat, Layyah, Bahawalpur, and areas of Balochistan. Apart from providing the necessary medical treatment, MASH also caters to financial support and facilitation. That way, no patient is deprived of their necessary treatment due to financial constraints and social immobility. Mr Irfan Khan (CEO) remains optimistic that with its commitment to providing exceptional healthcare services and financial support, MASH will bring about a positive change in the lives of many people.

MASH is no doubt international level hospital in Multan with latest machinery and systems. Services are exceptional with highly competent doctors and nursing staff.

## Soha

Soha, a 20-year-old, was suffering from a benign neoplasm of cerebral meninges and cranial nerves. When she started to fall sick, she was rushed from doctor to doctor to diagnose her ailment. She was taken to various hospitals and consulted with different doctors, but no one could ease her suffering. Mukhtar A. Sheikh hospital became a beacon of light for her when Dr Ehtesham Khalid (HOD/Sr. Consultant) was able to diagnose her condition and provide the necessary treatment. Dr Aneela Darbar successfully performed her operation, which completely removed the tumour from her brain. It was an imperative procedure, as the brain tumour could have possibly resulted in paralysis or blindness. Her parents are incredibly grateful to MASH for being so cooperative and diligent with regard to Soha's treatment and care.

Very good procedures adopted by the hospital.

Patient had been struggling with Otosclerosis since she was 6 years of age. Although it was not a painful condition, it perpetuated gradual hearing loss which took a toll on her psychologically. Her hearing loss was not purely conductive, but also sensorineural. After a draining 3-4 years search for a capable doctor and the right diagnosis, she finally found a cure upon being introduced to Dr Maqbool Ahmed at MASH. He was not only highly competent and learned as a doctor, but also extremely empathetic as an individual. He remained very communicative and cooperative with the patient and her family and completed the required surgery (Stapedotomy). Patient expressed her heartfelt gratitude to the entire team involved in her surgery, including surgeons, anesthesiologist, audiologist, nurses and other hospital staff whose tireless efforts gave her a sense of renewed hope.

Overall Experience was good. I'll surely come back here again and will suggest this hospital to my friends and family.

## TE@M TOTAL EXPERIENCE AT MASH

The hardest journey is to become an extraordinary person from an ordinary one. I was able to grow and reach my full potential under the highly experienced team of professionals and MASH's supportive and innovative environment. MASH made me who I am today: a content, creative and professional individual. I have worked as a project leader and as an operational person in the facility department. MASH gave me many opportunities to enhance my communication skills and to work over a diverse range of projects, such as I worked as a sports manager, an anchor, a manager and a supportive person in many projects. MASH taught me that "A leader leads by example, not by force".

**Eng. Farooq Ashraf**  
In charge of Civil works

It's challenging to build up multiple departments from the ground like ENT, Orthopedic, Nephrology, EMG, Pathology, Endoscopy and Neurosurgery. I am really grateful for the confidence and support that I got from seniors and colleagues, who helped me grow both professionally and personally. You do not just wake up and become a butterfly; growth is a process, and that is how I would describe my journey here.

**Syed Fozan Hassan Rizvi**  
Sr. Procurement Officer

I started my career with MASH as Oracle ERP (Enterprise Resource planning) Developer on Nov-2017 and after completing 3 years in this organization, not only have I grown as a professional but also as an individual. I consider myself fortunate enough to have encountered such talented, inspiring and enthusiastic leaders, who are committed to excellence. During my career at MASH, I, along with my team have completed Oracle ERP projects. I acknowledge the cooperation and encouragement by MASH's Management for their guidance to keep me motivated throughout my projects. Working at MASH offers the opportunity to work on everything from strategy through implementation. MASH help employees at each stage of their journey, rather than only specializing in specific skills.

**Jamal Muhammad**  
Oracle ERP Developer

Moving my family to Multan and settling here was a tough decision to make and full of uncertainties. I started at MASH as an Electrical Manager and this 2.5 years' journey has been a one of a kind experience. When I first joined MASH there were a zillion challenges and I faced each and every one of them with a positive and an open mind. Tackling issues from HVAC to Front Desk to Procurement and even managing projects and operations at the same time was a daunting task that I wasn't sure I could manage. However, the support that I received from the management boosted my morale. We were able to solve HVAC, Laundry and Civil issues. I was promoted and got a new vision to perform and excel in. Eventually, it became easier to focus and build a career path, along with the opportunity to focus on your personal grooming. For me now MASH is not just an organization or a workplace, MASH is a family. We are one!

**Muhammad Azzam**  
Facility Manager

Working in a foreign country can be a daunting task, but being in MASH makes me feel at home due to the way people here speak respectfully with each other by adding "gee" after every other word, help each other out without expecting anything in return, the sharing of spiritual messages through poetry, the taste of chai in the cafeteria and the warm welcome that is extended to everyone who comes to MASH. Working in MASH is a privilege, it has improved my Urdu language skills, my nursing skills and allowed me to meet people with diverse backgrounds.

**Ayat**  
Head Nurse

Moving from a well-established and a bigger healthcare organization from a vibrant bustling city like Karachi and most of all away from friends and family, was not easy at all. Yet, moving to Mukhtar A. Sheikh Hospital in Multan was one of the best decisions of my life.

**Fareed Ahmed**  
Mechanical Engineer

One & a half year ago when I was a fresh graduate, full of insecurities, a friend recommended me to work here. Though I've been teaching in college, school and academies, I would consider this as my first ever experience in a professional community with such healthy & progressive values. I love the progressive nature of the organization and the fact that it's forward-thinking and adapts quickly with the changing environment. MASH's caring culture is based on a sense of community, mindfulness and promoting wellness. In the end, my message to you is, "Work hard, stay determined and you'll get recognized".

**Hashaam Bin Shoukat**  
Management Trainee Officer IT

In a nutshell, my journey in Pakistan, particularly in MASH is full of zest. The unpredictability of the work, going through different turns and twists to achieve the best for employees and the patients while maintaining the balance and navigating through different aspects of the pandemic has opened my eyes to many positive realizations. The work challenges brought constant demands for improvement, which made me realize that there are many more mountains to climb and peaks to conquer. Overall, the experience throughout my time here has been rewarding knowing that all my hard work will benefit the underprivileged sector of the country.

**Cristina Santos**  
Infection Control Practitioner

My journey here started from being a simple intern in 2017 and moving up the ladder to being HIMS Analyst and Team Lead by 2020. Initially, I was under a lot of pressure as every system was to be built up from the ground and being in a health institute, we couldn't afford any mistake or error. But with the support and cooperation of the management, I was able to reach my true potential and enhance my skills set. I am really grateful to Mr Irfan Khan (CEO), Mr Jamal Nasir (HOD IT) & Mr Humayun Tanveer (Deputy Manager IT), for believing in me and pushing me to excel in my role. "If something is wrong, fix it now. But train yourself not to worry, worry fixes nothing."

**Tauqeer Ahmed**  
HIMS Analyst

## Year of Mind and Brain

The year 2020 has been designated as the Year of Mind and Brain at MASH. Service line has planned a year-long calendar of activities to showcase their strengths and highlight collaborations. Yearly activities including Webinars, Doctor Testimonials, FB Lives and Community engagement sessions have been planned.

### Child & Adolescent Mental Health – Teenage Depression and Anxiety

Unfortunately, Child & Adolescent Psychiatry is still in the infancy period in Pakistan. Most of the services for this vulnerable age group are only available at private clinics. However, a handful of tertiary care hospitals have mental health services for children under the age of eighteen and even most of these are located in metropolitans.

To counter this, Spring Clinic – Institute of Psychiatry was established in 2018. Part of the Mid and Brain service line at MASH, Spring clinic holds the distinction of being the only institute in South Punjab that started evidence based, individual focused and recovery oriented mental health services for children under the age of eighteen. In 2018, we launched the “Child, Adolescent & Family Mental Health Services” with a team of qualified and experienced Psychiatrists, Psychologists and Speech & Language Therapists.

This service is pertinent because there are around 1.2 billion teenagers in the world, which makes up around 16% of the total world population. Teenagers are especially vulnerable to psychiatrist disorders. It is a known fact that almost half of the psychiatric disorders start manifesting around the age of 14 years. An estimated 10 – 20% of adolescents experience mental health conditions, and yet remain undiagnosed and hence, untreated. The most common and prevalent of these disorders are depression and anxiety. Many parents are perplexed with their teenage children’s mood swings, behavioural problems, academic issues and most importantly, with their dependence on social media. Moreover, teenagers themselves experience stressful situations ranging from bullying and self-image problems to difficulty in adjusting to changing roles in family or society. Many of these issues can be managed with professional help.

Depression and anxiety disorders can be treated with professional help. However, before a teenager seeks help from a medical professional, it is important that their friends and family help them identify the problem. Depression and anxiety disorders can be complicated to comprehend but they can be sighted by looking for the right signs.

#### DEPRESSION:

Globally, depression is the 4th leading cause of illness and disability among adolescents aged 15-19 years, 5th for those aged 10-14 years. It is worth mentioning here that suicide is the 3rd leading cause of children between 15 – 19 years of age.

Depression is distinct from common sadness. It is consistently low mood for most of the day, most often for over a period of at least 2 weeks. It is usually associated with a lack of energy, loss of interest, inability to concentrate, feeling overtly sensitive & crying, pessimistic thoughts and changes in sleeping and eating patterns. In teenagers, the most common symptoms are increased irritability, anger outbursts and reckless behaviour directed towards self. Such expressions can happen on seemingly trivial things.

Such persistent mood symptoms lead to difficulty in studies, social avoidance, labelling & name calling, bullying and most commonly corporal punishments.

#### ANXIETY DISORDER:

Anxiety is the 9th leading cause for adolescents aged 15-19 years and 6th for those aged 10-14 years.

Anxiety is a normal physiological response but it is diagnosed as a disorder when it starts happening in relaxed environments as well. It is an apprehensive feeling or fear that something bad is about to happen,

feeling the heart beating super-fast, excessive sweating, cold feet or hands, sudden difficulty in breathing, shaking or trembling hands and dryness of mouth. There are different types of anxiety disorders that can present with various symptoms, under various circumstances but like depression – is much more severe than normal nervousness. Anxiety disorders lead to more absent days from school or college, avoidance of exams or tests, difficulty in maintaining daily life and more.

Depression and anxiety disorders can happen together as well. Most importantly, THEY ARE TREATABLE.

There are antidepressants and anxiolytics (anti – anxiety) medications that are globally approved for children under the age of 18 years. These are non – addictive, non – sedating medications with minimum to no long term side effects. While there is NO MAGIC PILL, the medications might take 2 – 6 weeks to show improvement but in the course of treatment children recover and lead the normal life.

Researches show that psychotherapy, along with medications, has better outcome. Medication alone has a relatively low success rate.

The most important and integral part of treatment and management of depression and anxiety is family. From understanding the course, nature & reality of the illness to support, care & most importantly believing in a child. Every step of the way, family and friends are the corner stone to recovery.

**Dr. Adeel Anwar**  
Child Psychiatrist

### ENDOSCOPIC SKULL BASE SURGERY

The skull is composed of bones and cartilage, that form the face and the cranium, which surrounds the brain. If a person is experiencing facial pain, headache, dizziness, visual problems, numbness, weakness of the face, hearing loss or frequent sinus infections, it can be a symptom of a growth or abnormality in the skull base area. The diagnosis of an abnormality or a growth in the skull can be detected via brain imaging studies, like MRI, CT Scan and angiography. In case of a detection of a growth or abnormalities on the skull base, Endoscopic Skull Base Surgery is conducted to remove them. Endoscopic skull base surgery is a minimally invasive surgery, where a long incision is not required. An instrument called an endoscope is inserted through the natural openings in the skull—the nose or mouth—or by making a small hole just above the eyebrow. It is a highly complex and technical procedure, that requires a team of specialists, including neurosurgeon, ENT surgeon, maxillofacial surgeon and radiologists. After surgery, the patient is closely monitored by the medical team. Some individuals may require continued therapy, including radiosurgery, radiotherapy and proton beam therapy. To ensure that a growth or abnormality is not coming back over time, repeated imaging is needed by most of the patients.



**Dr. Aneela Darbar**  
Medical Director/Sr. Consultant Neurosurgery

## VITAMIN D: DOES IT PLAY A ROLE IN PSYCHIATRY?



Some people may be surprised to see a psychiatrist writing about a bone vitamin, but with recent advances in biomedical science and research, a number of non-skeletal diseases including major mental illnesses have been found, to be associated with Vitamin D deficiency. Vitamin D deficiency has been identified as a global problem with an estimated one billion people worldwide suffering from Vitamin D deficiency or insufficiency. Studies in United States, Saudi Arabia, the United Arab Emirates, Australia, Turkey, India, and Lebanon, have indicated that 30 to 50% of children and adults have 25-hydroxyvitamin D levels under 20 ng per millilitre.

Vitamin D deficiency has been found to be associated with major mental disorders such as depression, schizophrenia, and alcoholism but the causation is not well established yet. However, association is not synonymous with causation.

Vitamin D deficiency is common and often unrecognized and yet may be an important contributor to psychiatric illnesses so we should not leave it unresolved. Perhaps it could be an answer to many unanswered questions in psychiatry regarding the etiology of major psychiatric disorders. The first step would be to explore its association with major mental illnesses by conducting large cross-sectional studies in this specific population. A randomized placebo-controlled trial would also be needed to establish causation between Vitamin D deficiency and psychiatric illnesses.

**Dr. Mukesh Bhimani**  
Consultant Psychiatrist

## MUSCULAR DISORDER OR NEUROPATHY?

Muscular conditions are sometimes hard to differentiate from neuropathy. In general, proximal (closest to the body) muscle weakness and no sensory changes are the hallmark of muscle disease. Patients usually notice difficulty in raising arms above head, brushing their teeth or going upstairs. There could be difficulty in getting up from a chair or walking. Muscle diseases could be acquired or genetic and based on pathology can be sub-classified further. Blood tests can be done for screening, but more specialized tests are usually needed such as nerve conduction study and electromyography. For the confirmation of muscle disease, biopsy or genetic testing is conducted. Treatment is individualized and could include immunosuppressant and physiotherapy.



**Dr. Ehtesham Khalid**  
Consultant Neurologist

## AUTISTIC SPECTRUM DISORDER (ASD)

I joined MASH in February 2020, since then I have seen quite a few patients with Autistic Spectrum Disorder (ASD). ASD is a neurological and developmental disorder that usually begins in childhood. Children suffering from ASD may have problems talking to people, may avoid eye contact and, perform repetitive behaviours. Most of these children are diagnosed by clinicians as Speech and Language Delay patients. However, after a Paediatrics expert assessment, it was discovered that these patients have ASD rather than Speech and Language Delay or Deafness. My advice to clinical colleagues is if they see such patients with subtle signs, please always get Paediatric input as well.

**Dr. Bilal Java**  
Consultant Pediatrics and Neonates



## MENTAL HEALTH ASSESSMENT BY PRIMARY CARE PHYSICIAN

Health is defined as a state of physical, mental and social well being. But mental health is a part which is usually ignored in our society. It's difficult for people to understand that lots of physical changes in our body can lead to mental problems and vice versa. Approximately 20% of consultation in general practice comprises of symptoms related to mental health issues. Mental health assessment is designed to diagnose mental health conditions such as anxiety, depression, schizophrenia, postnatal depression, eating disorders and psychotic illnesses. It also helps to differentiate between mental and physical health problems. Family physicians are now involved in mental health practices, including staying up-to-date on screening recommendations for mental health; behavioural health and primary care integration models; trauma-informed care, telemedicine and mental health disparities. Family physicians have a very important role in the elimination of the stigma that accompanies poor mental health, as well as support policies that improve access to behavioural and mental health services.

**Dr. Shazia Asim**  
Consultant Family Medicine



## Broadening the Horizon of Nursing Education in MASH



Hands-on training at the new Nurses Orientation Program on how to use Crash Cart and Defibrillator in an emergency situation. This training is conducted by our well-qualified Nurse Specialists, Miss Saliha and Mr. Mehmood. This orientation program was designed for new hired Registered Nurses who will be working in different areas of the hospital including Critical Care areas. The purpose was to provide hands-on practice so that nurses can understand and implement the concepts of safe handling of an emergency situation on patients. Moreover, the Orientation also provided an opportunity for practice-based learning.

## EMPLOYEE EXPERIENCE



14<sup>th</sup> August- Tree Plantation Ceremony at MASH



Table Tennis Tournament



Cricket Champions



World Kidney Day



Women's Day



# Safe MASH Competition



Pakistan Life Savers Programme



Annual Dinner



Eid Prayers



Grand Rounds



PNAL



Coffee with CEO



**Dr. Aneela Darbar (HOD/Sr. Consultant/MD)** co-authored a paper with other surgeons from Aga Khan University titled "Cultural Barriers for Women in Surgery: How Thick is the Glass Ceiling? An Analysis from Low Middle-Income Country", published in World Journal of Surgery (2020), expanding upon the challenges and hurdles faced by female surgeons in a tertiary care hospital of Pakistan.

**Dr. Ehtesham Khalid (HOD/Sr. Consultant)** co-authored an abstract titled "Dual Mutation-CLCN1 & Col12A1 with Clinical Myotonia". The abstract was accepted in American Academy of Neurology for poster and platform presentation in Toronto and will be published in the official journal of American Academy of Neurology i.e. "Neurology" as well.

**Dr. Ehtesham Khalid (HOD/Sr. Consultant)** was appointed as Chair of Neuromuscular Section, Pakistan Society of Neurology. The aim of the society is to work together to achieve quality education and patient care in Pakistan.

**Dr. Farrukh Rizvi** co-authored an article on "Early Postoperative Outcomes of Breast Cancer Surgery in a Developing Country". The article was published in Cureus in August 2020.

## HOSPITAL'S VISITS & COLLABORATIONS



MOU signed with Maulana Tariq Jameel Foundation



MASH collaborated with District Government Multan, to combat the COVID-19 situation in the city



MOU signed with Pakarab Fertilizers Ltd.



Dr. Faisal Sultan (CEO- Shaukat Khanum Memorial Cancer Hospital and Research Centre)



Collaboration with Pakistan Bait-ul-Mal for the treatment of underprivileged mute and deaf babies



"Health Awareness Camps" at Bloomfield Hall School's Family Fiesta



Dr. Junaid Abdul Razzak (Professor of Emergency Medicine – John Hopkins Medicine)



Ms. Shagufa Hassan (Interim CEO), Dr. Adil H. Haider (Dean-Medical College AKU) & Dr. Talha from Aga Khan University Hospital



MOU signed with Aga Khan University Hospital for Pakistan Life Savers Program (PLSP)



Ambassador of Spain to Pakistan (His Excellency, Manuel Durán Giménez-Rico)



"Health Awareness Camps" at ACCA's Corporate Conference, Ramada

## Mukhtar A. Sheikh Hospital

Adjacent to Pakarab Fertilizers, Khanewal Road, Multan.

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