

فرخ مختار
کالج آف نرسنگ



Farrukh Mukhtar
College of Nursing



A Project of:
Mukhtar A. Sheikh Hospital
مختار اے شیخ ہسپتال



FALL 2025 PROSPECTUS

www.mashospital.org/college-of-nursing/

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Introduction

The Farrukh Mukhtar College of Nursing (FMCON) is a progressive institution where an inter-professional and multidisciplinary team joins hands to establish a student-centered, integrative and innovative (academic, clinical practice, and service) approach to educate nursing professionals. Equipped with high-tech skills laboratories and a learning resource center, the Farrukh Mukhtar College of Nursing focuses on developing nursing professionals who will be able to provide competent and compassionate care at primary, secondary, and tertiary care levels in the national and international context.

The College of Nursing is affiliated with the Pakistan Nursing Council (PNC) and the University of Health Sciences (UHS). Alongside its four-year bachelor's degree, it also offers a one-year mandatory internship at the hospital. After this five-year program, students become eligible to apply for the PNC license as a Registered Nurse. The program provides students with the knowledge, skills, and attitude required to practice nursing.

The program intends to produce clinically competent professional nurses who will utilize critical thinking in providing holistic nursing care. They will also be playing a role as change agents in nursing practice and education in any health care setting. The undergraduate program will not only help the graduates to become proficient professionals but also enable them to utilize independent nurse-led approaches to serve the population.



Our Vision

To be globally recognized for delivering a curriculum in Nursing Education that is evidence - based, learner - centered, innovative, and enduring.



Our Mission

To prepare quality nursing professionals by creating a hub for nursing education, clinical practice, and research to inculcate the arts and sciences of caring and transforming the healthcare system and communities in South Punjab and beyond.



Our Values

Following are some of the core values of the nursing profession that are fundamental to instill among the students and faculty members:

- Ethics
- Compassion
- Respect
- Integrity
- Competence
- Quality
- Inclusion
- Lifelong learning
- Professionalism

Messages

The Farrukh Mukhtar College of Nursing's mission is to be an institution dedicated to fostering educational excellence, character development, and providing high-quality patient care through our graduates. The institution aims to provide quality education to our students in a safe and supportive environment. Women have always been given the opportunity to participate on an equal footing with men by Mukhtar A. Sheikh Trust. Providing the women of South Punjab access to high-quality education and resources to enhance their talents and support them in finding independent work is one of this organization's top priorities for empowering them.

I believe establishing a safe and supportive atmosphere where women can learn, exhibit, and articulate the values, knowledge, and skills that will help them succeed and contribute to the success of society and the nation. Additionally, Farrukh Mukhtar College of Nursing seeks to dispel the myth that nursing is only a female profession. All genders are given equal opportunity. Male nurses have given just as much, if not more, than female nurses to our team at the Mukhtar A. Sheikh Hospital. We are committed to offering the greatest facilities and infrastructure to all of our students in our effort to generate highly competent and qualified nursing professionals. We hope that you will accompany us on this trip.



Begum Farrukh Mukhtar

Chief Trustee, Mukhtar A. Sheikh Memorial Welfare Trust.

Farrukh Mukhtar College of Nursing was made to fulfill and support my late father's vision. The vision was to be globally respected for delivering quality, cost-conscious, and ethical care in the South Punjab region and empowering individuals to achieve their full potential by making quality healthcare and education available. While people praise doctors in every health facility, the nursing staff goes unnoticed. Although doctors play a very important role in our healthcare ecosystem, the role of the nursing staff is no less valuable. It would not be wrong to think of them as the backbone of the facility.

Farrukh Mukhtar College of Nursing will aid in fulfilling the ever-increasing demand for healthcare workers. Hence, to provide the opportunity to healthcare workers to achieve their dreams and goals and learn the skills required to do their job properly, Farrukh Mukhtar College of Nursing offers the most qualified instructors and up-to-date facilities. As the Chairman of Farrukh Mukhtar College of Nursing, I would like to welcome you all on board!



Mian Faisal Mukhtar

Chairman, Mukhtar A. Sheikh Memorial Welfare Hospital & Farrukh Mukhtar College of Nursing.

It is my great pleasure to welcome you to the **Farrukh Mukhtar College of Nursing (FMCON)**, an institution dedicated to excellence in nursing education and healthcare.

At FMCON, we view nursing as a vocation that demands compassion, dedication, and a commitment to lifelong learning. Our mission is to instill these values in our students, ensuring they are well-prepared to make meaningful contributions to the healthcare field.

We are proud of our advanced infrastructure and state-of-the-art facilities, which provide an optimal environment for learning and personal growth. Our supportive and inclusive community is designed to help each student succeed academically and professionally.



Prof. Dr. Rana Altaf Ahmed

Chief Executive Officer, Mukhtar A Sheikh Memorial Welfare Hospital.

Welcome to **Farrukh Mukhtar College of Nursing**. At Farrukh Mukhtar College of Nursing, we are committed to providing a supportive and enriching learning environment where students can thrive academically and professionally. Our faculty members are highly qualified and experienced professionals who are passionate about preparing the next generation of nurses to make meaningful contributions to healthcare.

If you are embarking on your journey towards becoming a registered nurse, we are here to support you every step of the way. Join us as we strive to uphold the highest standards of nursing education and make a positive impact on the health and well-being of individuals and communities worldwide.



Ms. Nadia Sajid

Principal, Farrukh Mukhtar College of Nursing.

College Infrastructure

Teaching Hospital Affiliation Our classrooms are equipped with digital learning tools and a conducive environment i.e, skills lab, anatomy lab, and a science lab with high-tech equipment. The library is well furnished and has more than 1500 books and 3000+ digital books on its server. The college has a well-established learning and comfortable environment for nursing students. Central air-conditioners and heating systems have been installed in the nursing college and the hostel.

The Skills Lab at Farrukh Mukhtar College of Nursing is equipped with the latest nursing care simulators and mannequins. This will help the students build their skills competency from fundamental nursing skills to an advanced level. The college also has a Learning Resource Unit to access digital and online resources for their projects and assignments.



SCIENCE LAB



CLASS ROOM



LIBRARY



COMPUTER LAB



SKILL LAB

Recognition and Affiliation

Our esteemed institution is proud to be recognized by the Pakistan Nursing and Midwifery Council (PNMC) and affiliated with the University of Health Sciences, Lahore (UHS) for examination purposes.



Teaching Hospital Affiliation

The college offers extensive clinical training opportunities at its own state-of-the-art healthcare facilities, including Mukhtar A. Sheikh Hospital, Multan, and Spring Clinic, ensuring hands-on learning in real clinical settings.

Curriculum Overview

The College follows the 4-year BSN program curriculum (2025) approved by the Pakistan Nursing Council and Higher Education Commission. The curriculum is available on the PNC & UHS website.

As per HEC regulation, the BSN degree course work at Farrukh Mukhtar College of Nursing will be completed in 4-years/8-semesters. Altogether, there will be 185 credit hours (HEC requirement 130-140 credit hours) of which 70% of the curriculum will constitute discipline-specific (Nursing) and the remaining 30% (non-Nursing) will comprise compulsory and general courses. The academic year will be from January with summer and winter breaks in between.

Innovative teaching-learning strategies will be used such as Interactive classes, small group discussion, case studies, podcasts, vodcast, concept maps, discussions via web-ex, puzzles, interactive games, skills- based workshops, simulated lab, hands-on clinical experience, case discussion and management, and structured/unstructured post conferences.



Scheme of Study

SEMESTER	COURSE CODE	COURSE TITLE	THEORY	LAB	CLINICAL	CREDIT HOURS
1 st Semester		Arts and Humanities	02	0		02
		Natural Sciences	02	01		03
		Functional English	03	0		03
		Ideology and Constitution of Pakistan		0		02
		Quantitative Reasoning (I)	02	0		03
		Basic Anatomy	03	0		03
		Fundamentals of Nursing-I	03	0		02
		Fundamentals of Nursing-I Lab	02	02		02
		Clinical Training	0	0	06	06
		PERLS 01	0	0		01
		COMPASS 01	01	0		01
TOTAL CREDIT HOURS			19	3	06	28
2 nd Semester		Social Sciences	02	0		02
		Expository Writing	03	0		03
		Quantitative Reasoning (II)	03	0		03
		Islamic Studies	02	0		02
		Basic Biochemistry	03	0		03
		Basic Physiology	03	0		03
		Fundamentals of Nursing-II	02	0		02
		Fundamentals of Nursing-II Clinical	0	0	03	03
		Clinical Training	0	0	03	03
		PERLS 02	01	0	0	01
		COMPASS 02	0	0	01	01
TOTAL CREDIT HOURS			19	0	07	26
3 rd Semester		General Pathology/ Pathophysiology I	03	0	0	03
		ICT (Computer Sciences)	02	01	0	03
		Civics and Community Engagement	02	0	0	02
		Entrepreneurship	02	0	0	02
		Adult Health Nursing-I	02	0	0	02
		Adult Health Nursing-I Clinical	0	0	02	02
		Health Assessment-I	01	0	0	01
		Health Assessment-I Lab	0	01	0	01
		Pharmacology-I	02	0	0	02
		Microbiology	01	0	0	01
		English Proficiency Course-1 (EPC 1)	02	0	0	02
		Clinical Training	0	0	04	04
		PERLS 03	01	0	0	01
		COMPASS 3	0.5		0.5	01
TOTAL CREDIT HOURS			18.5	02	6.5	27
4 th Semester		Special Pathology/ Pathophysiology II	03	0	0	03
		Adult Health Nursing-II	04	0	0	04
		Adult Health Nursing-II Clinical	0	0	04	04
		Health Assessment-II	01	0	0	01
		Health Assessment- II Lab	0	01	0	01
		Pharmacology-II	02	0	0	02
		Developmental Psychology	02	0	0	02
		English Proficiency Course-2 (EPC 2)	02	0	0	02
		Clinical Training	0	0	02	02
		PERLS 04	01	0	0	01
		COMPASS 04	0		01	01

Scheme of Study

TOTAL CREDIT HOURS			15	01	07	23
5 th Semester		Pediatric Health Nursing-I	02	0	0	02
		Pediatric Health Nursing-I Clinical	0	0	02	02
		Community Health Nursing I	02	0	0	02
		Community Health Nursing I Clinical	0	0	01	01
		Reproductive Health	02	0	0	02
		Reproductive Health Clinical	0	0	03	03
		Teaching/Learning: Principles/Practices	03	0	0	03
		Nursing Ethics	01	0	0	01
		English Proficiency Course-3 (EPC 3)	02	0	0	02
		PERLS 05	01	0	0	01
		COMPASS 05	0		01	01
TOTAL CREDIT HOURS			13		07	20
6 th Semester		Pediatric Health Nursing-II	02	0	0	02
		Pediatric Health Nursing-II Clinical	0	0	02	02
		Mental Health Nursing	03	0	0	03
		Mental Health Nursing Clinical	0	0	03	03
		Epidemiology	02	0	0	02
		Nursing Theories & Models	02	0	0	02
		Leadership/Management in Nursing	02	0	01	03
		Applied Nutrition	01	0	0	01
		English Proficiency Course-4 (EPC 4)	02	0	0	02
		PERLS 06	01	0	0	01
		COMPASS 06	0		01	01
TOTAL CREDIT HOURS			15	0	07	22
7 th Semester		Nursing Research	03	0	0	03
		Critical Nursing Care	04	0	0	04
		Critical Nursing Care Clinical	0	0	04	04
		Diagnostic Procedures	02	0	0	02
		English Proficiency Course-5 (EPC 5)	02	0	0	02
		PERLS 07	01	0	0	01
		Internship/Field Experience	0	0	03	03
		COMPASS 07	0.5	0	0.5	0.5
TOTAL CREDIT HOURS			12.5		7.5	20
8 th Semester		Community Health Nursing-II	02	0	0	02
		Community Health Nursing-II Clinical	0	0	03	03
		Oncology and Palliative Care Nursing	02	0	0	02
		Oncology and Palliative Care Nursing Clinical	0	0	02	02
		English Proficiency Course-6 (EPC 6)	02	0	0	02
		PERLS 08	01	0	0	01
		Arabic Language Course	02	01	0	03
		Capstone Project	03	0	0	03
		COMPASS 08	0		01	01
TOTAL CREDIT HOURS			12	01	06	19

Recognition and Affiliation

Before initiation of BSN training program, a 4-week enrichment training program is designed to enhance students' knowledge regarding Science, Mathematics, English, Ethics, Professionalism, and Studying Skills.

Admission Requirements

- Matric (Science) and FSc (Pre-Medical) with minimum 50% marks
- Candidates with similar qualifications must submit an equivalence certificate issued by the IBCC
- Age of the candidate must not exceed 35 years
- Admissions are subject to an entry test conducted by FMCON
- Interview conducted by the institute
- Open merit, at the discretion of the institution

MERIT CRITERIA:

Matric: 10% | FSc: 50% | Entry test: 40%

Merit-based admissions are open to female and male candidates. The admissions are open to male and female candidates from around the world. Admissions will be merit-based only (There are no quotas, reserved seats, or admission against donations). English is the medium of instruction. It will be important for the candidates to comprehend verbal and written content in English.

Admission Schedule for Semester Based BS (Nursing), Session 2026

Description	Deadlines Dates
Submission of admission form	September 20 th , 2025 - October 16 th , 2025
Admission test	October 25 th , 2025
Interview	November 12 th , 13 th , 14 th
1 st Merit List- Result Announcement	30 th November, 2025
Foundation Course	December 1 st , 2025 - December 27 th , 2025 (3 weeks)
2 nd Merit List	7 th December, 2025
3 rd Merit List	14 th December, 2025
Completion of Admission	22 nd December, 2025
Commencement of Classes	January 5 th , 2026

Scholarships & Fee Reductions

FMCON holds the belief that diligent students should be rewarded and that access to education is a fundamental right for all individuals. Scholarships and fee concessions have consistently served as sources of motivation and vital assistance for students. These honors inspire gifted learners to exert more effort and achieve optimal outcomes in their examinations. With a focus on performance, FMCON acknowledges the educational requirements of financially disadvantaged students and extends financial aid in the form of discounts or free education across various categories.

Scholarship Based On Merit

FMCON advocates for industriousness and excellence. We extend an exclusive scholarship opportunity to students who exhibit remarkable academic performance, offering them the chance to benefit from a tuition fee waiver of up to 100%.

Concession Based On Need

Recognizing that not all students are able to afford fees and may encounter financial challenges, FMCON places emphasis on their educational needs and offers financial assistance through sponsorship.

PEEF Scholarship

Pakistan Education Endowment Fund (PEEF) provides fully funded scholarships, ensuring access to educational opportunities for talented and deserving individuals.

Hostel Accommodation

Campus hostel provides accommodation to out-of-station female students who have no alternate accommodation in Multan. These hostels provide furnished, shared room accommodation to students. Central air-conditioners and a heating system have been installed in the hostel. There will be a separate charge for this facility. Students are requested to submit their accommodation request as soon as they receive the acceptance letter from the College.

Curricular Activities



Curricular Activities



Co-Curricular Activities

Welcome Party



International Nurses Day



Sports Gala



Seerat un Nabi Conference



Independence day



Carom Championship



Policy Highlights:

Discipline:

FMCON upholds a strict code of conduct. Discipline is mandatory at all times, with zero tolerance for any violation of institutional rules and ethical standards.

Attendance & Punctuality:

Regular attendance and punctuality are mandatory for all academic and clinical activities. Students are expected to maintain 100% attendance, though a minimum of 85% is required to be eligible for final examinations.

Dress Code:

Students are required to follow the prescribed uniform and dress code during academic and clinical hours. Neat, professional appearance and personal hygiene are strictly enforced.

Examination Policy:

Students must fulfill attendance and internal assessment requirements to be eligible for university and college examinations.

Use of Electronic Devices:

The use of mobile phones and electronic devices is prohibited during lectures and clinical rotations, unless specifically permitted for educational purposes.

Harassment Policy:

FMCON has a zero-tolerance policy against any form of harassment. A safe, respectful, and inclusive environment is a top priority.

Health Insurance:

All students are provided health insurance coverage as per the policy of Mukhtar A. Sheikh Hospital, ensuring access to essential health services.

Leave Policy:

All leaves must be formally requested and approved in advance. Unauthorized absence will affect attendance percentage and may impact eligibility for exams or clinical postings.

Further details on our policies are available on the website. Please visit the provided link to access our comprehensive policy repository.

<https://mashospital.org/college-of-nursing/>

Contact Information

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